

Notes from Debbie



May 08

Group Coaching

Do you or someone you know need help on your job search but prefer to work in a group setting so you can get creative ideas from others. If this sounds like you, please let me know as I am organizing a group for telephone coaching on Career Transition. Sessions to start in later May early June. If interested, please send me an email at debbie@oxmangroup.com



Group Price:

\$ 150 for 5 -1 hour group sessions (5 person minimum)

List Price: \$125 per hour (Private Coaching)

Why YOU Need a Current Résumé

By Debbie Oxman, Career Coach

Read the papers, listen to the news, and observe what is happening in your company or to friends and family regarding their jobs. These days no one is safe from the effects of a potential or real job loss! You must be ready and proactively prepare yourself for this possibility. Doing so will put you in a stronger position of readiness should (and when) it happens to you!

Let's face it, these are uncertain times. The economy may be the catalyst or the fact that you are bored, unfulfilled, and seeking career stimulation/change, but no doubt we are in times of change. Are you

contemplating retirement and want or need to work but want to do something more creative, and satisfying? You need an updated résumé!

As one door closes another opens, and it is best for you to have a sense of your skills and abilities and the needs of the marketplace as you navigate through this time. The market has changed and resumes must be internet friendly and current to these fast paced, no time to read a long resume, times. You need an updated résumé!

When you need an updated résumé

- Job/Career Change
- Layoff
- Exiting the Military
- Retirement
- Volunteer Board Appointment
- Starting a Business
- Writing a book or article to be published

There may be other reasons you need a résumé (or biography). Working with a career coach will help you to better prepare and present the best you in a résumé. There are tools and techniques that will help you set yourself apart from your competition. The objectivity of a coach in helping you to assess and analyze how to present yourself will be evident.

Debbie

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