## Oxman Associates Group Career Coaching via Telephone

### Special Opportunity Career Transition Group Coaching

Do you need help on your job search but prefer to work in a group setting so you can get creative ideas from others?

Do you know others who may need this support?

Do you know you need help but your budget doesn't permit individual support?

Are you ready to take control of your career and take positive steps to protect yourself and your family?

Sign up Today for

### Oxman Associate's Telephone Group Coaching for Career Survival

Email or Call 215-918-0180 for More Information

Sessions start April 22nd 6:30-7:30PM ET

Price per person: \$150 for five 1 hour group sessions (5 person minimum)

Click Here to Sign Up

SPECIAL
Organize a group of 3 and YOU get the first session for free!

Or contact <u>Debbie Oxman</u> for Private Individual Coaching Price: \$125 per hour

#### **Career Survival Techniques**

Repeat from February - Yes, it's that important!!!!!

What a ride we're on....and it doesn't look like the turnaround is around the corner. It's time for you to take control and ready yourself for the remainder of the journey.

First and foremost, get your financial house in order. Stop that discretionary spending and build a financial reserve to draw upon in the event of a job loss.

Everyone should be preparing themselves for what may be ahead. Taking positive action will put you in a stronger position to weather the bumpy ride. Don't wait to be a victim, start now to stay in control.

Update your resume! Have it ready should you need it, whether you choose to use it or you're forced to use it as a result of a layoff.

Update your skills! Don't be content to know only what you know today. Research to uncover the latest technologies and skills needed to ensure your marketability.

Network! Gather information, talk with people, and build relationships outside your company as a way to set the stage should you need to look for a job.

Polish your interviewing skills! If you haven't been on an interview in the last few years your skills may be rusty. Get some training and practice so you can present your best self when the opportunity arises.

If you need help or knows someone who may need help with these skills, scroll up and sign up for the Group Coaching starting in April.

I want to help!

#### Debbie

# Save 20%

Refer a friend and they receive a discount (you also receive the same friends and family discount) for Individual Coaching. Discount does NOT apply to Group Coaching.

Offer Expires: December 2009

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