

Notes from Debbie Oxman, Career Coach

Planning for the 2nd Half of your Life?

By Debbie Oxman, Career Coach

Are you 50+ and starting to look at what you will do "in retirement"?
Are you 60+ and finding the thought of "retirement" daunting?
Are you "retired" and wondering what to do with yourself?
Are you "too young" to even think about "retirement"?

If any of these thoughts resonate with you it is time to step back and take a look at who you are, what your passions are, and what you want to do with the 2nd half of your life.

Statistics tell us that the majority of Baby Boomers will work in retirement and can expect to live to an average age 84, meaning they could live 30-40 years in retirement! That's a long time to rock in a rocker on the porch!

Whether you work in the same career, consult, start a business, change careers, work part time, volunteer or have a "portfolio" of activities you want to do in retirement, it pays to start planning now!

If you are thinking of reinventing yourself in some way, now is the time to start planning and taking action. Reinvention doesn't happen overnight. The process of deciding what to do takes introspection, investigation, information gathering, analysis, discussion, and decision making that requires time and effort.

Working with a career coach to help plan for "retirement" will help you to better prepare. There are tools and techniques that will help you set you up to move easily into the 2nd half of your life. The objectivity of a coach in helping you to assess, analyze, and plan will be evident.

Debbie

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Testimonials about Debbie

"Thank you very much for all of your help, great questions to ask myself and your encouragement. I'm pretty sure I have found the right going forward position and it works now and into retirement. I am happy. Steve, former executive with high tech company

"I met Deborah during my job transition. She is an excellent resource for career development and career coaching. She provided valuable insight and advice to me. She is very personable and highly competent in her field."
Vincent, former marketing exec

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