# News From Debbie NEW OFFERING! Career Transition Group Coaching

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Oxman Associates 71 Bogey Circle

Doylestown, PA 18901

Dear Friends,

**Happy New Year!** 

I recognize the challenge this year may be for so many of us.

To help as many folks as I can in this challenging environment I am adding Group Career Transition Coaching to the services I offer.

Group Coaching will offer more folks the opportunity to ready themselves and thrive at rates that suit todays marketplace.

So read on, pass to friends, colleagues, family, neighbors or whomever may need my help!

Regards,



Debbie Oxman

#### **Career Survival Techniques**

What a ride we've been on....and it doesn't look like the turnaround is around the corner. It's time for you to take control and ready yourself for the remainder of the journey.

First and foremost, get your financial house in order. Stop that discretionary spending and build a financial reserve to draw upon in the event of a job loss.

Everyone should be preparing themselves for what may be ahead. Taking positive action will put you in a stronger position to weather the bumpy ride. Don't wait to be a victim, start now to stay in control.

**Update your resume!** Have it ready should you need it, whether you choose to use it or you're forced to use it as a result of a layoff.

**Update your skills!** Don't be content to know only what you know today. Research to uncover the latest technologies and skills needed to ensure your marketability.

**Network!** Gather information, talk with people, and build relationships outside your company as a way to set the stage should you need to look for a job.

**Polish your interviewing skills!** If you haven't been on an interview in the last few years your skills may be rusty. Get some training and practice so you can present your best self when the opportunity arises.

If you know you need to do all of the above, keep reading!

### **Special Opportunity Career Transition Group Coaching**

Do you need help on your job search but prefer to work in a group setting so you can get creative ideas from others?

Do you know you need help but your budget doesn't permit individual support?

Are you ready to take control of your career and take positive steps to protect yourself and your family?

#### Sign up Today for

Oxman Associate's unique Telephone Coaching Group for Career Survival

**Email for More Information** 

Sessions to start in March
Price per person: \$150 for five 1 hour group sessions (5 person minimum)

Click Here to Sign Up

#### **SPECIAL**

Organize a group of 5 and YOU get the first session for free!

Or contact <u>Debbie Oxman</u> for Private Individual Coaching Price: \$125 per hour

## Save 20%

Know someone who needs my help, refer them and they get 20% off my PRIVATE INDIVIDUAL rate. A great gift in this economy!

Offer Expires December 2009

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